

Nasogastric (NG) Tube Feeding Instructions

(Home Directions for Using your Keofeed®, Dobhoff®, or other NG-Tube)

The feeding tube runs from outside your nose into your stomach. Tape may hold the tube in place. Change the tape on your nose every other day or per your doctor's instructions. Feedings may be given as a Bolus, Gravity Drip, or as a Continuous feed. Bolus or Gravity Drip feeds may be 1 or 2 cans at one time, given multiple times per day. Cans will either be pushed directly into the feeding tube using a syringe or *dripped* into the feeding tube by gravity using a feeding bag. Continuous feeds are run over many hours or overnight by pump.

See **Bolus/Gravity Drip** or **Continuous Tube Feeding Instructions**.

Before You Start Feeds

1. Use a permanent pen to mark where NG-Tube enters nose. Marking the tube will show any tube movement. If the tube moves or starts to come out, call your doctor or health care provider right away.
 - Know tube feed formula name and number of cans per day: see **Feeding Schedule**.
 - Know which tube feed formula to use and the number of cans to use each day
 - Know how much water to add to feeding tube daily. See **Feeding Schedule** and **Water Flushing** Directions.

Problems

- Sore skin on nose: move tape to different place on nose. Or replace old tape with new. Clean area under tape with soap and water. Be careful not to let the NG-tube slip out. Hold NG-tube in place while cleaning your nose. Dry skin well before replacing tape.
- Sore inside the nose: use small amount of lotion or petroleum jelly inside nostril.
- If persistent pain, increased nasal drainage or slipped tube: contact doctor.

