

Gravity Drip Tube Feed Instructions

For PEG, G-Tube or NG-Tube



Using a Feeding Bag

1. Wash hands with soap and warm water.
 2. Gather Feeding Bag, syringe, Formula Cans, and **Feeding Schedule** directions.
 3. Open Feeding Bag and fill with up to 4 cans (1000 ml) of Formula*.
 - Open can(s) and pour 1 to 4 cans directly into Feeding Bag.
 - Add more cans later if needed, per **Feeding Schedule**.
 - Close top of Feeding Bag securely.
 4. Use syringe to flush Tube per **Water Flushing** directions.
 5. Sit comfortably and connect filled Feeding Bag tubing to Feeding Tube.
 6. Hang Feeding Bag at least 2 feet above head. Use lamp, tall chair, bed headboard, pole, or other tall structure.
 7. Once Feeding Bag is connected to Feeding Tube, unclamp Tube. There may be a rate-adjustment knob to control how fast formula goes into Tube.
 8. Allow Formula to flow into Feeding Tube by gravity. It may take 1 to 2 hours.
 9. Stay upright or with head elevated during feeding and for thirty minutes after.
 - Use a recliner chair or prop pillows so your head is upright.
 10. Once bag is empty, clamp Feeding Tube and remove Feeding Bag.
 11. Use syringe to flush Tube per **Water Flushing** directions.
 12. When done, clean all supplies and tubing with warm water and small amount of dishwashing liquid. Rinse well and allow to air dry.
 13. Feeding Bag and syringe can be washed and reused as needed; or discarded.
 14. Formula left inside Feeding Bag must be used or thrown away in 8 hours.
- * For faster flow, add up to 1 can (8 oz) of water to Bag. Thus, only 3 cans of Formula can be added for a maximum volume of 32 ounces (1000 ml).**

Using a Syringe

1. Wash hands with soap and warm water.
2. Gather Formula cans, syringe and **Feeding Schedule** directions.
3. Sit comfortably or lie down on your side with your head propped up.
4. Flush the Feeding Tube per **Water Flushing** directions.
5. Remove plunger from syringe and set aside. Attach syringe to Feeding Tube.
6. Hold syringe upright and gradually pour Formula from can(s) into syringe. Allow to drip by gravity into Feeding Tube.
7. Continue to pour amount of cans needed into syringe as it empties.
8. Flush Tube per **Water Flushing** directions.
9. Wash and rinse syringe, then allow to air dry.



Bolus or Gravity Drip Tube Feeding Schedule

For PEG, G-Tube or NG-Tube: Bolus feeds are given by syringe and plunger together. Formula from the cans is drawn up by the syringe then plunged directly into the feeding tube. Gravity drip feeds are given by syringe or feeding bag and drip by gravity into the feeding tube. These feeds are given intermittently throughout the day. It is a stop-and-start process. Usually one or two cans of feeds are given at one sitting.

Formula Name: _____

Total Amount/ Number of Cans Per Day: _____

Bolus or Gravity Drip Tube Feeding Schedule:

Breakfast: _____ can(s) *You can adjust the number of cans
Lunch: _____ can(s) taken per meal as desired, but aim
Dinner: _____ can(s) for a total of _____ cans daily.
Bedtime: _____ can(s)*

Amount of Water per Day: Also See *Water Flushing Directions*

Syringe 60 ml (2 oz) of water to tube before and after each feeding session.

Add additional _____ (____) of water to tube with every
bolus feeding or _____ times per day.

Call your health care provider or nutritionist with any questions.

Health Care Provider: _____

Nutritionist: _____ 410-328-5462