

Mouth Care For Patients Receiving Cancer Care

What Is It?

- Mouth care includes brushing your teeth and any dental appliances (ex. dentures), and checking the inside of your mouth for sores, redness or white spots.
- Ask your doctor if it is okay for you to floss your teeth.
- **Only use mouthwash that your doctor tells you to use.**

Why do you need mouth care?

- Mouth care is important to help prevent tooth decay and infections inside the mouth.
- Mouth care may also help to prevent lung infections.

When should you do mouth care?

- Mouth care should be done 2-3 times a day or more and following a meal. If you are vomiting, you will need to do mouth care more often. If you wear dentures, rinse your mouth and brush your dentures after eating. Dentures should be brushed well at least one time every day and removed while sleeping or resting.
- **When you are not wearing your dentures be sure to change the water in your denture cup every 12 hours.**